

Website Disclaimer

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Introduction

The information provided on this website is published by SheVive Ltd for educational and informational purposes only.

By accessing and using this website, you acknowledge and agree to the terms of this Disclaimer.

Not Medical Advice

SheVive provides education, guidance and support relating to nutrition, wellbeing, lifestyle, perimenopause, menopause, self-care and healthy living.

The information contained on this website, within downloadable resources, emails, programmes, workshops, retreats, social media content and community spaces is not intended to constitute medical advice, diagnosis or treatment.

Nothing on this website should be interpreted as medical, psychological, therapeutic or healthcare advice.

Always consult your GP or another appropriately qualified healthcare professional regarding any medical concerns, symptoms, diagnosis or treatment decisions.

Individual Circumstances

Health and wellbeing information is not one-size-fits-all.

The information provided by SheVive may not be suitable for your personal circumstances, medical history or health needs.

You are responsible for seeking appropriate professional advice before making decisions relating to your health, nutrition, exercise, supplements or lifestyle.

No Guarantees

While we strive to provide accurate, evidence-informed and up-to-date information, we make no guarantees regarding:

- the completeness of information
- the accuracy of information
- the suitability of information for individual circumstances
- specific outcomes or results

Individual experiences and outcomes will vary.

Nutritional and Lifestyle Guidance

Any nutritional, lifestyle or wellbeing guidance provided by SheVive is intended to support informed decision-making and personal wellbeing.

Such guidance should not be considered a substitute for medical assessment, diagnosis or treatment.

External Links

This website may contain links to third-party websites.

These links are provided for convenience and informational purposes only.

SheVive Ltd has no control over the content, policies or practices of third-party websites and accepts no responsibility for them.

Limitation of Liability

To the fullest extent permitted by law, SheVive Ltd shall not be liable for any loss, injury, damage or consequences arising directly or indirectly from:

- reliance upon information contained on this website
- decisions made based on website content
- use of downloadable resources
- participation in activities suggested on this website

You remain responsible for your own decisions, actions and wellbeing.

Contact

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