

SheVive Ltd Terms and Conditions

Last Updated: 7 June 2026

1. Introduction

These Terms and Conditions govern the use of services, programmes, events, retreats, resources and website content provided by SheVive Ltd ("SheVive", "we", "us" or "our").

By purchasing, booking, accessing or using our services, you agree to be bound by these Terms and Conditions.

If you do not agree with these Terms, please do not use our services.

2. About SheVive

SheVive Ltd provides education, nutrition and lifestyle guidance, wellbeing programmes, retreats, workshops, events, community support and digital resources.

Our services are intended to support wellbeing and personal development.

3. Important Health Disclaimer

SheVive provides education, guidance and support only.

We do not diagnose, treat, cure or prevent any disease or medical condition.

Information provided through SheVive, including programmes, consultations, events, retreats, community discussions, resources and website content, is not medical advice and should not replace advice from a qualified healthcare professional.

You should consult your GP or other appropriate healthcare professional regarding any medical concerns.

You remain responsible for your own health decisions at all times.

4. Eligibility

Our services are intended for individuals aged 18 years or over.

By using our services, you confirm that you are at least 18 years old.

5. Bookings and Payments

Bookings are confirmed only when payment has been received or an agreed payment arrangement is in place.

All prices are stated in pounds sterling (£).

We reserve the right to change prices at any time. Any price changes will not affect bookings already confirmed.

6. Payment Plans

Where payment plans are offered, the participant remains responsible for the full programme fee.

Failure to complete payments may result in suspension of access to services until payments are brought up to date.

7. Cancellation and Refunds

Digital Products and Downloadable Resources

Due to the nature of digital products, refunds are generally not available once access has been granted or a download has been provided, unless required by law.

Programmes

If you cancel more than 14 days before the programme start date, any refund will be at SheVive's discretion and may be subject to an administration fee.

No refunds will normally be provided after a programme has commenced.

Retreats and Events

Deposits are non-refundable unless otherwise stated.

If a participant cancels, refunds may depend upon the amount of notice given and whether the place can be filled.

Specific event cancellation terms may be provided separately for individual retreats or events.

Cancellation by SheVive

If we need to cancel an event, retreat or programme, participants will be offered either:

- a full refund, or
- an alternative date where appropriate.

SheVive shall not be responsible for travel, accommodation or other third-party costs incurred by participants.

8. Participant Responsibilities

Participants agree to:

- provide accurate information where requested
- disclose relevant health information where necessary
- behave respectfully towards others
- follow reasonable safety instructions
- take responsibility for their own wellbeing and decisions

We reserve the right to remove participants from programmes, events, retreats or community spaces where behaviour is disruptive, abusive, discriminatory or harmful to others.

Refunds will not normally be provided in these circumstances.

9. Community Guidelines

Where access is provided to online communities, groups or forums, participants agree to:

- communicate respectfully
- maintain confidentiality where appropriate
- avoid harassment, bullying or offensive behaviour
- avoid providing medical advice to other members

We reserve the right to remove content or revoke access where these guidelines are breached.

10. Health Information

Participants are responsible for informing SheVive of any health conditions, allergies, injuries or circumstances that may affect participation.

We may request additional information where necessary to support participant safety.

Participation remains at the individual's own risk.

11. Results Disclaimer

Individual experiences and outcomes vary.

We make no guarantees regarding specific health, wellbeing, nutritional, fitness, lifestyle or personal outcomes.

Testimonials and case studies represent individual experiences and should not be interpreted as guarantees of future results.

12. Intellectual Property

All SheVive materials, including but not limited to:

- programme content
- workbooks
- presentations
- videos
- downloads
- website content
- branding and logos

remain the intellectual property of SheVive Ltd unless otherwise stated.

Materials may not be copied, reproduced, distributed, sold or shared without prior written permission.

Resources are provided for personal use only.

13. Website Use

You agree not to:

- misuse our website
- attempt unauthorised access to systems or data
- distribute harmful software
- use content in a manner that infringes intellectual property rights

14. Limitation of Liability

Nothing in these Terms excludes liability where exclusion would be unlawful.

To the fullest extent permitted by law, SheVive Ltd shall not be liable for:

- indirect or consequential losses
- loss of income, revenue or opportunity

- decisions made based upon information provided through our services
- outcomes arising from failure to seek appropriate medical advice

Participants remain responsible for their own actions and decisions.

15. Privacy

Our collection and use of personal information is governed by our Privacy Notice.

By using our services, you acknowledge that you have read our Privacy Notice.

16. Changes to Services

We reserve the right to make reasonable changes to programme content, schedules, speakers, venues, materials or delivery methods where necessary.

17. Changes to These Terms

We may update these Terms from time to time.

The latest version will always be available on our website.

18. Governing Law

These Terms and Conditions shall be governed by and interpreted in accordance with the laws of England and Wales.

Any disputes arising from these Terms shall be subject to the exclusive jurisdiction of the courts of England and Wales.

19. Contact

SheVive Ltd

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